



Introduction to Jin Shin Jyutsu

The Art of Ancient Healing

with Pat Kane

Jin Shin Jyutsu is for those of us addressing existing stress or health disharmonies, or for those simply wishing to participate actively in maintaining health, harmony and well-being. Discover how your hands are the jumper cables for clearing energy blocks throughout your body. Restore the natural energy flow that brings a sense of well-being and health. Learn how you can be creating peace and calm in the most stressful circumstances. Teacher : "My students use it while taking tests." Patient: "I use it in the dentist chair."

Pat Kane, Jin Shin Jyutsu Practitioner, has been practicing energy therapy since 1999, beginning first with Reiki. She received her Jin Shin Jyutsu instruction at Morristown Memorial Hospital.

Saturday, May 26 at 9:30 am
at the North County Branch Library
65 Halstead Street, Clinton, NJ

This program is free and open to the public.

Due to the popularity of our programs, we recommend reserving a seat. Please call (908) 730-6135, or click on the Calendar of Events at www.hclibrary.us

Reservations are necessary in the event the program is cancelled. Vacant seats will be released 5 minutes prior to the start of the program.

It is the policy of the Hunterdon County Library to provide reasonable accommodations for persons with disabilities with advance notification of need. Please call (908) 788-1434. Without advance reservations, it may not be possible to provide accommodations. 4/18